

Also available on KCCA's website: www.mykcca.com

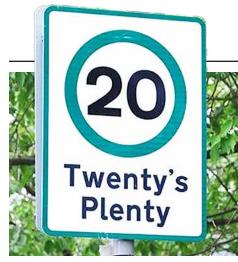
KCCA Music Club - Celebrating the Holidays

Submitted by Paula Wenzl

The **First Thursday Concert** will be on **December 7 at 2:00 p.m.** in the Club House meeting room. She remembers putting an ad in the KC newsletter for singers and music lovers, and the first week, one singer showed up!

The holiday theme gives us a variety of holidays to choose from for our concert. You can plan on joining us in song for our sing-along: White Christmas, We Wish You a Merry Christmas, Deck the Halls, Joy to the World, and Let there be Peace on Earth. Gene Parks is planning on singing a beautiful version of O Holy Night.

Our musical director, **Muriel Dresser**, moved to King City about 15 years ago, and though there were many clubs and activities, there was no music club.





The number of members certainly has grown since those early days, especially in the last two years. Currently, we have 30 members!

One brilliant talent Muriel has is the skill to find the right key, to complement a singer's vocal range! Not many senior communities

have a choir, so we are blessed that Muriel put that ad in and is still with us today! Because of her vision 15 years ago, we meet each week and make a joyful noise. Music does something for our spirits and the choir loves coming together each week and then on the first Thursday, sharing that joy with the King City Community.



Muriel Dresser

If you live in King City and have questions about our group, please feel welcome to call **Muriel** at **503-443-6777** or **Paula Wenzl** at **503-720-4835**.

REMEMBER:

First Thursday, December 7, at 2:00 p.m. in the clubhouse!

A Message from the LARC Chair

By Melanie Sagebear, LARC Chair

Signage regarding speed limits and speeding, in general, has become more prevalent in the King City Civic Association of late. The safety of the community is very important, and signs discouraging speeding are a great way to remind drivers to exercise caution in residential areas. Signs must be posted in your yard and cannot be homemade. If you see speeders in the KCCA, the best thing you can do is talk to the city about implementing tools that might deter speeding in our community.

KCCA BOARD OF DIRECTORS 2023-2024

Chris Walbridge, President cwalbridge@mykcca.ocm

Bryan Daum, Vice President bdaum@mykcca.com

Michelle Faber, Treasurer mfaber@mykcca.com

Melanie Sagebear, Secretary msagebear@mykcca.com Mike Ceccanti, Director mceccanti@mykcca.com

Cherie Gilmore-Forczak, Director cheriegf@mykcca.com

Rob Peters, Director rpeters@mykcca.com

The KCCA Board of Directors meet on the second and fourth Tuesday of each month at 6:30pm. Board meetings are being held in person at the KCCA clubhouse as conditions allow, but can be held virtually if needed. Please check <u>mykcca.com</u> for latest information.

STANDING COMMITTEES

CLUBS AND AMENITIES

Chair: Cherie Gilmore-Forczak Date & Time: 2nd & 4th Monday of the Month at 10:00 a.m. Location: Meeting Room

GREENS Chair: Rob Peters Date & Time: 2nd Tuesday of each Month at 1:00 p.m. Location: Pro Shop

HELLO NEIGHBORS Chair: Chris Walbridge Date & Time: 1st Friday of the Month at 10:00 a.m. Location: Multi-Purpose Room

HOUSE Chair: Mike Ceccanti Date & Time: 1st & 3rd Monday of the Month at 11:00 a.m. Location: Crown Center LANDSCAPING, ARCHITECTURAL REVIEW, AND COMPLIANCE (LARC) Chair: Melanie Sagebear Co-Chair: Mary Maney Date & Time: 1st and 3rd Tuesday of the Month at 10:00 a.m. Location: Multi-Purpose Room

FINANCE AND BUDGET Chair: Michelle Faber Date and Time: 1st and 3rd Tuesday of the Month at 4:00 p.m. Location: Meeting Room

POOL Chair: Bryan Daum Date & Time: 3rd Monday of the Month at 7:00 p.m. Location: Multi-Purpose Room

KCCA TEAM

KCCA HOA • 15245 SW 116th Ave, King City, OR 97224 • 503.639.6565

Open Window Hours: Monday - Friday 8:00 a.m. - 5:00 p.m.

Michelle Lee, HOA Consultant mlee@mykcca.com Teri Jensen, Office Manager office@mykcca.com Michelle Evans, Bookkeeper mevans@mykcca.com

Pro Shop 15355 SW Royalty Parkway, King City, OR 97224 • 503.639.7986

Jeff Halfman Golf Course Superintendent jhalfman@mykcca.com Joy Olmstead Pro Shop Manager golf@mykcca.com

Crown Centers - 16880 SW 126th Ave., King City, OR 97224 Pools are currently closed

KCCA Website: www.mykcca.com

ABOUT THE KCCA NEWSLETTER

Teri Jensen, Editor

Articles for KCCA's newsletter are due to <u>office@kccahoa.com</u> no later than: 10th of each month for following month's newsletter

Articles submitted are printed as is. Committees and Clubs must submit their articles by email to avoid name misspellings or other inaccuracies.

For advertising information, please contact Mike Antonelli: TIGARD LIFE • phone 503-692-9215 • Email: <u>mike@tigardlife.com</u>

Vaccine Clinic

By Melanie Sagebear, King City Board Secretary

We are doing another vaccine clinic. We will be having the Fountain Pharmacy provide the vaccines. Moderna, Pfizer, and the adult over 65 flu shot. If you are interested, please follow the instructions below.

- 1. **December 19, 2023**, in the clubhouse banquet room. 10:30 a.m. to 1:30 p.m.
- 2. Please, no Kaiser insurance.
- 3. Obtain the forms from the office. Complete and return to the office. They will scan the form for the pharmacy and return it to you. Please bring your form when you come to the clinic.
- If you drop your form in the black box outside the Clubhouse we will scan it and place the original in an envelope to be picked up by the Pharmacy Owner on vaccine day.
- 5. Make sure you have your picture ID and insurance card for verification.

We will serve whoever is first and continue as follows. You will be asked to wait in the living room until we can take you to the pharmacist.

Remember, having your information previously registered with the pharmacy saves time.

We will provide masks and hand sanitizer.

We will also serve coffee, tea, and cookies.

Healthy tips for winter

Bv Karla Rudolf

As the days grow shorter and colder, follow these tips to stay in harmony with nature during the winter season.

Be sure to get plenty of rest. This is the time of year to go to bed a little earlier and wake a little later.

Although it is tempting to hibernate, it is good to be active and keep the blood moving with gentle exercise such as walking, yoga, tai chi and dancing.

For warmth and nourishment, incorporate warming spices such as cinnamon, cloves, fennel, ginger, cardamom, anise, garlic, onion, black pepper or cayenne into your cooking. Great meal ideas include broth, soups, stews, root vegetables, whole grains and legumes.

A couple of recipe ideas:

GINGER TEA

- 2 cups of water
- Juice of 1/2 of a lemon
- 1 inch of ginger root, peeled and grated
- 1 Tablespoon of honey
- A pinch of cinnamon, cloves, cardamom, etc (opt.)

CHICKEN & GINGER CONGEE

- 6 chicken thighs
- 1 inch of ginger, peeled and grated or sliced
- 1 scallion
- 1 cup of rice
- 8 cups of water

Rinse and drain the rice. In a pot, bring rice, water, ginger and chicken thighs to a boil then immediately turn down the heat to low. Simmer, covered for 1 to 1 1/2 hours, or until rice has absorbed most of the liquid and has started to break apart. Remove chicken thighs, debone, and add meat back into pot. Add salt to taste. Serve with sliced scallion.

BABY IT'S COLD OUTSIDE! Join us for King City's Annual Holiday Christmas Party!

WINTER NONDERLAND

An Elegant Evening of Festivities: Catered Dinner, Music, Desserts, Silent Auction, Door Prizes, 50/50 and more!

SATURDAY, DECEMBER 16 AT 5:00 PM

Where: KCCA Clubhouse Cost: \$20.00 per person Black & White Attire Suggested Feel Free to BYOB

Tickets available at KCCA Office Nov 13'th to Dec 12'th only. Tickets will NOT be sold at the door

For More Info: please contact Rosemary 925.786.5822





King City Artists' Guild

By Diane Tyhurst

The holiday season has officially begun as we celebrate Thanksgiving on **November 23rd**. The KCAG is thankful for the new

members who have joined us this year. We are also thankful for our leader, **Kathryn Amrani**, who has decided to step down after leading us through COVID and beyond with her

generous gifts and creative ideas. Thanks also to **Leah Guengerich** who assisted **Diane** with the KCSV watercolor class while Laurie was traveling.

During October a few of our members attended the "Sip and Paint" Party at Al's Garden.



Supplies for painting with acrylics and mimosas were provided! On October 20, King City Senior Village had a harvest festival and "Art Walk" featuring the works of members of the KCSV watercolor class. "Washington County Open

Studios," October 21 and 22, provided an opportunity for folks to visit fifty different local art studios in the surrounding areas. On October 28 and 29, "Art in the Burbs" at Tigard

High School encouraged people to support local students through their art show and sale. Several of us attended this annual event. Creating "Zentangle" art was the theme for the Artists' Guild on October 12.

"Zentangle" is an abstract work of art created by utilizing repeated

> patterns. These finished creations will be displayed in the Clubhouse later this year.

Laurie Svec has new cards on display at the Village Gallery of Arts...Upcoming ideas and events include creating "Mandalas" at the AG on Nov. 9th. "Mandalas" are a complex abstract design, usually circular, which contains symbols and shapes. Another idea for future events includes adding lettering/

phrasing to paintings to enhance the visual imagery of the pieces. Creating art using the YIN YANG symbol of "balance" in the natural world was another suggestion, plus, an easy method of painting simple portraits was offered by Diane. Finally, an invitation has been extended to the members of the KCAG from 350PDX, an organization that fights for climate justice, to participate in their annual fundraiser by donating art to be auctioned off at their end-of-theyear event.

The KCAG meets every **Thursday** from **1:00 – 3:00 p.m.** in the multipurpose room of the Clubhouse. All folks who create/appreciate art are welcome to join our group. Dues are \$15.00 /year for KCCA members and \$20.00/year for those who live in surrounding areas. For more information, call **Diane Tyhurst** at **503-620-0295**.

That Squiggle By Linda Goldie

What is that squiggle That's causing a giggle? Where in the brush had it sat?

I look for the paint But my colors it ain't Yet it keeps getting longer and fat!

That squiggle is loose! Seems charged by some juice Of a current that's low and uprising,

But that's modern art And I gave it a start To see at the end what's surprising!

Tualatin Valley Quilt Guild

By Carol Springer

REMINDER: TVQG DOES NOT MEET DURING THE MONTH OF DECEMBER.

TVQG holds monthly meetings at the KCCA Clubhouse on the **3rd Tuesday of each month**, except in December. Monthly meetings feature a guest speaker, instructor, or a quilting-related program. All Meetings include a Show

& Tell segment, door prizes, a Block of the Month presentation, and a Fat Quarter drawing.

All TVQG events are open to everyone.

Some speaker-related events may charge a \$5 guest fee.

TVQG hosts a free monthly Saturday Open Sew Day in the Multipurpose Room of the King City Clubhouse except during December. Check your newsletter calendar for dates and times.

> We also host open Charity and Quilts of Valor Sew Days at various other locations within our

QUILT GUILD

Quilters of all interest and experience levels are welcomed at any of our meetings or open sew days, and are invited to join our guild, or to participate in all of our

community.

activities. For more information about our guild or any of their activities, email **TVQG.ContactUs@ gmail.com** or visit our website at **tualatinvalleyquiltguild.org**.

Need some exercise?

How about volunteering to help the King City Lion's Club deliver the KCCA Newsletter? We need volunteers. Each route takes about 20-30 minutes.

> Please call Rick Castle at 503-781-0712.



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Sunday Aquatic Center Currently Closed	Monday Member Services Window Hours* Mon8 a.m 5 p.m. Tues 10 a.m 7 p.m. Wed8 a.m 5 p.m. Thurs8 a.m 5 p.m. Fri8 a.m 5 p.m. *except holidays	Tuesday Room Codes: AC = Arts & Crafts Building BR = Clubhouse Banquet Room CC = Crown Center CO = Call Office for Details CR = Computer Room (by Library) GR = Lawn Bowling/Croquet Green LR = Clubhouse Living Room MP = Multi-Purpose Room MR = Meeting Room OP = Outdoor Pool SC = Shuffleboard Courts	Wedr Wedr View
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IDAR - DECEMBER 2023

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Board Office

From the Board President Chris Walbridge

The KCCA Board of Directors has a new office located in the Arts & Crafts Building. The board office is located in the space previously occupied by the computer club.

The Board of Directors and I would like to express our appreciation for all the hard work, donated time, and money put forth to create a new office space for the board of directors to work.

The Board of Directors would like to acknowledge the people who helped bring this project to fruition, **Keith Walbridge**, **Jody Sanders**, **Mike** and **Jacki Ceccanti**, **Mary Maney**, **Melanie Sagebear**, **Jeff Halfman**, and crew.

Republican Club

Submitted by Dan Harris

Hello, King City Friends and Neighbors! The Holidays are here, and we all want to spend time with Family and Friends to enjoy the season. The Republican Club will do just that by taking a break for December.

We will resume on January 4, 2024. We will be exploring several topics of importance and learning new information from Candidates running for the 2024 elections.

Please search Facebook for Concerned Citizens to see what else the Republican Club has in mind for January and throughout the election year.

Living Here, Working Here and Loving King City

Remember...

Of all the decisions you will face when buying and selling a home, there is none more important than the person you choose to represent you.





Halloween Party

Submitted by Ron Yates

A fun evening was experienced by approximately 50 residents for the Halloween Party on October 28. Delicious finger foods were provided by the Hello Neighbors Social Committee and nearly all residents were in costume. We had a costume contest as well as two guessing games, trivia, 50/50, and door prizes. Our banquet room was decorated appropriately with many Halloween items for everyone to enjoy. Our Halloween Party was coordinated by **Peggy Trees**.







HOLIDAY BAKING WORD SEARCH

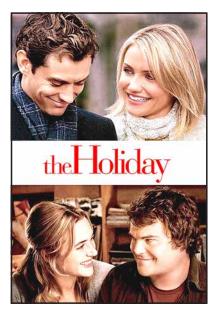
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WORDS

BAKED CHOCOLATE COOKIES CREAM CRUMBS DESSERT EGGS FOLD FRUITCAKE **GINGERBREAD** INGREDIENTS **KNEAD** PASTRY PLATTER PUDDING PUMPKIN PIE RECIPE ROLLING PIN SPRINKLES STRUDEL TEMPERATURE TORTE TREATS VANILLA

Movie Time

- Experience "Movie Time" at the KCCA Clubhouse.
- Every third Friday of the month.
- Snacks at all movies.
- You'll laugh, you'll cry, you might even be on the edge of your seat... but it'll be fun.



Showing Friday, Dec. 15 at 2 pm **The Holiday**

PG-13 | 2006 | 2 HRS. 16 MINS. | ROMANCE

Two women, one from America and one from Britain, swap homes at Christmastime after bad breakups with their boyfriends. Each woman finds romance with a local man but realizes that the imminent return home may end the relationship.

Sponsored by: KCCA "Hello Neighbors" and Elaine Simms of Ken Miller and Assoc.





KCCA Travel Club eliminates dues starting January 2024

By Sherry Smith

The travel club members voted to eliminate yearly dues in 2024 to make the registration signup process easier and more efficient. Travel registration will remain the same, requiring a check and completed form to be submitted in a **travel club envelope** and deposited in the black box outside of the office.

Registration information is vital

(name. address, phone, email, and emergency contact person with phone). In case of a trip being cancelled for whatever reason, we need to quickly contact our members who have signed up.

Your travel club members will be meeting soon to plan next year's trips. There will be no Annual Meeting in January. We will notify all residents of future trips early in 2024.

We are always looking for people who have computer skills to serve on the Travel Committee. Please contact **Sherry Smith** at 503-789-2079 or email at <u>smithjs6@</u> comcast.net.

Happy Travels!





Matt Blomenkamp - owner FREE ESTIMATES Licensed, Bonded & Insured. CCB #56492 Call Matt at 503-640-0632 or 503-781-8755 (cell) Annual Enrollment Period for Medicare is Oct. 15-Dec. 7th THIS IS THE TIME TO ...



Enroll in a Medicare Advantage Plan
 Review your benefits and the 2024 changes
 Understand your options

For help, contact Michelle to set up either an in-person or virtual meeting, **503-780-0228** or **Michelle@cascadewip.com**. Our services and consultations are always at **no cost to you**, and we have relationships with most national and local carriers.



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503-443-2325 Gita Borland, DD, LD Darrell Borland, CDT



Have Medicare Questions?

We have been advocating locally for Beneficiaries since 2007. Our goal is to help beneficiaries get the exact coverage they need and deserve. We are local independent Advocates that represent most of the insurance carriers in the Medicare Marketplace. We are trained to educate on assistance programs:

- State and Federal Programs
- Consults with those who qualify for:
- Medicare/Medicaid Social Security
 - *PERS *FERS
 - * VA
- Medicare Savings Programs Extra Help





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