MARCH 2021

Volume XV, Issue 3



Also available on KCCA's website: www.mykcca.com



It's a Boy!

Congratulations goes out to Joey, a member of our KCCA crew. Joey and his wife welcomed their newborn baby boy. Liam Joseph was born Jan. 20th 6lbs. 6oz. He is a very healthy and happy baby with a happy mom and dad. So next time you see Joey working around KCCA congratulate him and welcome Liam to the crew.



Home of the Month

We are skipping the Home of the Month this month. In its place are some photos of the recent winter storm. For those of us who love snow (count me in), it was a welcome break in the monotony of staying at home. We were very lucky that we did not lose power, but there were several trees and limbs down. The snow did not stop some of our intrepid walkers, who enjoyed the winter wonderland.

Here are a few photos of the snow, including a very busy snowman! Our Home of the Month will return next month and we should have some early spring landscaping coming to life!











KCCA BOARD OF DIRECTORS 2020-2021

Rob Cavasher, President rcavasher@mykcca.com Mary Delamater, Treasurer

Laurie Petrie, Vice-President <u>lpetrie@mykcca.com</u> Sandi Fuhrman, Secretary sfuhrman@mykcca.com

Larry Mills, Director Imills@mykcca.com

mdelamater@mykcca.com

Toby Kuehl, Director <u>tkuehl@mykcca.com</u> Director - OPEN POSITION

KCCA will be holding Board of Director meetings via Go To Webinar following the normal Board meeting schedule. This is a call in only meeting, for members only, and attendees mics' will be muted.

Call in information will be emailed to all Sub Association Presidents, Club and Committee Chairs who have been asked to forward to their members.

If there are any questions, please feel free to contact our office at 503.639.6565.

Committee Chairs 2020-2021

Clubs & Amenities - Laurie Petrie Budget Committee - Mary Delamater House Committee - Laurie Petrie Hello Neighbors Committee - Larry Mills Greens Committee - Toby Kuehl Finance Committee - Mary Delamater Pool Committee - Sandi Fuhrman LARC - Mary Delamater

KCCA TEAM

KCCA HOA

15245 SW 116th Ave, King City, OR 97224 • 503.639.6565

COVID 19 Updates: Club House & Office: Currently the office and clubhouse are closed for walk in use. **Office is open to phone calls and emails Mon. – Fri. 9:00 – 12:00.** Calls left on the weekend will be returned on Monday.

Pam Rinehart, Administrator Communitymanager@mykcca.com Melva Hauserman, Bookkeeper books@mykcca.com Administrative Assistant (position open)

Pro Shop

15355 SW Royalty Parkway, King City, OR 97224 • 503.639.7986 • website: kccagolf.com

Pro shop is closed to walk ins. The Golf Course is open 8:00am - 8:00pm. Book tee times by calling 503.639.7986.

Jeff Halfman, Golf Course Superintendent

golfsuper@mykcca.com

Joy Olmstead, Pro Shop Manager golf@mykcca.com

Crown and Aquatic Center are closed until further notice. Library is closed until further notice.

ABOUT THE KCCA NEWSLETTER

The King City Civic Association Newsletter is published monthly, provided on a non-subscription basis to all members of KCCA, and delivered by King City Lions Club volunteers.

Articles for KCCA's newsletter are due to <u>Office@kccahoa.com</u> no later than: **15th of each month** for following month's newsletter

Articles submitted are printed as-is. Committees and Clubs must submit their articles by email, or in typewritten form, to avoid name misspellings or other inaccuracies.

For advertising information, please contact Mike Antonelli:

TIGARD LIFE • phone 503-692-9215 • Email: <u>mike@tigardlife.com</u> PO Box 23562 • Tigard, OR 97281

Ride Connection

As older Oregonians start to sign up for their coronavirus vaccination appointments, a local nonprofit says it is doing its part to make sure they get there.

The Portland company Ride Connection provides transportation services to people with limited options in the Portland metro area.

Ride Connection CEO Julie Wilcke-Pilmer says they are taking new steps to get residents with a scheduled coronavirus vaccination to their appointments.

"Normally we say call four days in advance, but we're saying if you have a vaccine appointment for the following day, we're more than happy to schedule a ride for you," said Wilcke-Pilmer.

The transportation service is free to use for residents who qualify.

People interested can call their number at 503.226.0700 to see if they qualify, and otherwise see what transportation options are available to them.

"Seniors have already been calling and scheduling trips to those appointments, and we just expect that type of trip growing exponentially as more vaccines become available," said Wilcke-Pilmer.

Residents who are enrolled in the Oregon Health Plan can use



free options like Health Share of Oregon or Trillium, however if you contact Ride Connection, they'll make sure a ride is available to you.

"We're trying to work with those that are supporting people getting the vaccination appointments too, so that they have the information too," said Wilcke-Pilmer.





Don't Trade It - Just call NORM. and I'll be right there!

اساساسا **CALENDAR** 2 3 9 10 5 6 7 8 11 12 13 14 16 17 15 18 19 20 21 22 23 24 25 26 27 28 29 30 31

KCCA Events

During these days of COVID Fatigue, KCCA Members are always wanting events to look forward to. If you know of events going on in our community or in neighboring communities, please send dates, times and details to info@kccahoa.com so we can print in the KCCA Newsletter. Please note, articles are due by the 15th of every month for the following month newsletter.



Aquatic Center Reopening

The proposed Aquatic Center reopening plan was presented to the Board on February 9th. The Board made the decision to remain closed due to concerns for COVID safety, cost, liability, and the potential risks of volunteer enforcement.

When is KCCA opening?

Committees met the first week in February to talk about plans to safely open amenities. Once committees have their plan, then it goes to the KCCA BOD for approval. Nothing can proceed without the Board's approval.

But, you actually play a big role in this happening.

That's because each of us has to manage three elements to get to the point of opening.

We have to have **understanding**... of what the governor's mandates for opening are and what we, as an association, can and cannot do. This will not be a return to "normal," so that leads to the next point.

Acceptance...we each have to first have an understanding, then we need to accept the temporary but required new guidelines. We may not like some of them; we may think they are overkill, but remember, we don't live in a perfect world. This last year fighting the virus has surely taught us that.

Patience...oh boy, we need a lot of that. If we understand and we accept the detailed guidelines the state is setting (we fall under the

regulations for Senior Centers), then we won't be disappointed with how and when we do open KCCA amenities and club activities

Hang in there... Every day is closer to KCCA opening!



NOW HIRING STYLISTS!



Did you Know? St Patrick's Day

We all know the main legend about Saint Patrick, the patron saint of all things Irish. He was said to have driven all the snakes out of Ireland, and they have no snakes on their island even today.

Today it's a day of celebrating the legend of this Irish saint. It is customary to wear a shamrock, green clothing or green accessories, particularly drinking Irish beer or cider and Irish whiskey. Saint Patrick's Day celebrations have been greatly influenced by those developed among the Irish diaspora, especially in North America. Until the late 20th century, Saint Patrick's Day was often a bigger celebration among the diaspora than in Ireland. The Saint Patrick Day custom of "drowning the

shamrock" or "wetting the shamrock was historically popular, especially in Ireland.

What do we know about the man himself? He was born in Roman Britain; his actual birthplace is unknown with any certainty. His father was Calpurnius, a decurion and a deacon. His grandfather Potitus said to be a priest from Bonaven Tabernia. He was a 5th century Romano-British Christian missionary and bishop in Ireland. Legend has it that at the age of 16, St. Patrick was kidnapped by Irish raiders and taken as a slave to Gaelic Ireland. Spending a few years working as a shepherd, God allegedly told Patrick to go to the coast where a ship would be waiting for him to take him home. Patrick went on to become a priest.



Tradition holds that he died on March 17th and was buried at Downpatrick in Ireland. Over the following centuries, many legends grew up around Patrick, and he became Ireland's foremost saint.





Pet Health Concerns

Submitted by Chris Walbridge

Winter brings certain pet concerns that we do not normally see.

Snow and Ice: Go ahead and step outside. Are you cold? If you are cold, then your pets will be cold. If they are outdoor pets, make sure the have a place to go out of the elements, such as a doghouse or even a wooden box. Make sure they have warm dry blankets or straw inside. Make sure their food is kept where it will not be in the elements. and the water is clean and not ice covered. You can also use Vaseline or Musher's Secret on your pets paws to protest them from the ice and snow. Just remember, they feel also.

Birds: If you have bird feeders, put a little extra in them to help our feathered friends through the cold periods. And take your Hummingbird feeders inside at night during the cold weather to prevent it from freezing.

Older fur friends: Things to watch for when our pets grow older. Feline and Canine Dementia. Some time our older pets will wakeup from a deep sleep and not realize where they are and have bouts of confusion. Speak calmly and reassure them things are ok. They will eventually realize where they are and be fine. Try to keep things as normal as possible.

Watch for signs of Cataracts. That

will be a blue haze in their eyes. There are surgeries that can help, but they can be costly. Cataracts can be symptoms of age or many other diseases. One of those is quite common in older animals, especially in smaller breeds. It is Diabetes. It comes on quickly and can be deadly. Symptoms are rapid weight loss, loss of appetite, excessive water drinking and extreme listlessness. Diabetes can be controlled with diet and medications. If you pet has any of these symptoms, make sure you contact you Veterinarian.

I hope you find this information helpful. We all love our pets and want the best for them.







Monthly Recipe

This month we are giving you two recipes. The first is a spring salad, and the second is a unique Irish Reuben Lasagna. Let us know how it turns out!

Pistachio Fruit Salad

- 1 8 oz. container Cool Whip
- 1 3 oz. package Instant Pistachio Pudding Mix
- 1 20 oz. can crushed pineapple, including juice
- 1 cup miniature marshmallows
- 1/2 cup chopped walnuts

Mix all ingredients together and let set for 2 hours or overnight.

Reuben Lasagna Combining two classic recipes into one, this delightfully

Combining two classic recipes into one, this delightfully unique Reuben lasagna is made with layers of tender corned beef, tangy sauerkraut, aged Swiss cheese, al dente pasta sheets and 1000 island ricotta caraway cream.

Prep Time 30 mins, Cook Time 50 mins., rest for 10 mins Servings: 12

Ingredients

- 2.5 pounds shredded, fully-cooked corned beef (see recipe notes below)
- 1 (16-ounce) box lasagna noodles cooked al dente
- 16 ounces sauerkraut drained
- 2.5 cups Swiss cheese grated
- 1.5 cups mozzarella cheese grated
- 1/2 cup Parmesan cheese grated and divided
- 14 ounces 1000 island dressing divided
- 2 eggs
- 16 ounces ricotta cheese
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 2 tablespoons caraway seeds plus more for garnish
- 2 tablespoons fresh parsley plus more for garnish

INSTRUCTIONS

Preheat oven to 375 degrees.

- 1. While the oven preheats, grease a deep 9x13 rectangular baking pan or casserole dish. Set aside.
- 2. Next, combine corned beef with 1 1/2 cups of thousand island dressing in a large mixing bowl. Set aside.

3. Then, in a separate large mixing bowl, whisk two eggs. Add ricotta cheese, 1/4 cup

Parmesan cheese, 1/4 cup 1000 island dressing and stir until fully combined. Season with salt, pepper, caraway seeds and parsley and mix until everything is blended. Set mixture aside.

- 4. Finally, in a small bowl, mix together grated Swiss mozzarella and remaining Parmesan cheeses to create a three-cheese blend. Set aside.
- 5. Now, take your prepared casserole dish and start assembling the lasagna. Note that you'll likely have about 3-4 layers of each filling so do your best to divvy up your ingredients to ensure relatively even layers.
- 6. Begin with a layer of the corned beef mixture. Then lay down a layer of cooked lasagna noodles to completely cover the meat layer. Next, spread a little of the ricotta mixture over the noodles. Sprinkle with grated cheeses and top with an even layer of sauerkraut.
- Repeat the order of ingredients two more times, ending with a layer of the corned beef mixture. Top the lasagna with any of the remaining cheese blend. Or, by all means, grate a little more, if you have it, for an extra cheesy top layer.
- Tightly cover your baking pan with tin foil and place lasagna into your preheated oven. Bake to 30 minutes and then uncover and bake for an additional 20 minutes. Lasagna is ready When cheese is melted, bubbling and starting to turn golden.
- Remove from oven and let sit for at least 10 minutes before serving. To serve, garnish with additional caraway seeds and chopped fresh parsley and cut into squares. Enjoy.



King City loves their pets! Can we feature yours? Send your contact info to info@mykcca. com. A committee member will reach out to you to coordinate the photo & article.

Ricochet & Smudge

Submitted by ????????

The only time in my life when I did not have a cat was when I was in college. Pets were not allowed in the dorms. I got a cat as soon as I could after graduation. There have been several cats since then. Currently, I have two cats and they are both from animal rescue



Ricochet.

organizations.

My sixteen-year-old calico cat is from The Animal Defense League in San Antonio, Texas. The Animal Defense League is a no-kill shelter for several different kinds of animals. They had a young adult calico available for adoption. I thought she was beautiful. We learned she had not been adopted yet because she would not tolerate being picked up. My husband said she'd be fine after she got to know Smudge. us, so we adopted her. We took her home, opened the carrier, and didn't see her again for weeks-- except for quick glimpses as she zipped around from one hiding place to another. We named her Ricochet. It took Ricochet months to get to know us. Now, she sits on my lap and purrs. She gets to decide when that will happen. Ricochet still hates to be picked up.

I brought Ricochet back to Oregon after my husband passed away in 2008. I arrived just three months before my father passed away. It was a rough year, and for some reason, I thought I needed another cat. I found a black cat about seven months old at The Cat

Adoption Team in Sherwood, Oregon. The cat's name at the Shelter was Pasha. It was too dignified a name for the frolicking kitten I brought home. Family members started calling her Smudge and that name stuck.



Smudge made me laugh out loud. She had a unique way of getting up and down a cat climbing tree that involved back flips. She tried to catch the snowflakes she saw outside our third story windows. Smudge communicates with a low trilling chirp that might make one think she's learned the nuances of our language. For a few months she played fetch with a furry toy mouse. Apparently, that's a young cat's game; she won't fetch any more. Smudge kept giving me reasons to smile when I needed it most. But, just like Ricochet, Smudge hates to be picked up. She is now 13 years old and except for that don't-pick-me-up thing she has been a great pet.



503-433-8079



How Many Ducks?



How many ducks can you count that visit this KCCA yard? They are annual visitors to this lucky home.

Pro Shop News

Happy Springtime! As we quickly approach the 2021 golf season, our Pro Shop team, Al Veith, Pete Ranslow and Dave Brown are gearing up for a very busy and successful season.

We begin our Springtime hours in March. They are 8:00 AM to 7:00 PM and 8:00 AM to 8:00 PM in April and May. Our Summertime hours are 8:00 AM to 9:00 PM in June, July, and August.

Because Washington County is in the state-mandated Extreme Risk category, the COVID-19 protocol is in effect at the Golf Course and Pro Shop. We have set up the front counter to follow those COVID-19 guidelines and ensure the safety of our customers and our staff.

The following are the new golf rates:

Weekday Public -	9 holes	\$15.00)
18 holes		\$28.00)
Weekend Dublie	0 halaa	¢10.00	

Weekend Public – 9 holes.... \$16.00 18 holes..... \$30.00

Weekday KCCA Resident and Member Guest – 9 holes \$14

Member Guest – 9 noies	\$14.00
18 holes	\$26.00



Weekend Guest of KC	CA Resident
holes	\$15.00
18 holes	\$28.00

We are introducing a new 2021 Monthly Golf Pass. The purpose of this pass is to accommodate those frequent golfers who are visiting our area for a short period of time. The cost is \$125 per month.

Our Annual Golf Pass, Season Golf Pass and Youth Golf Pass are also on sale now. The rates are:

Annual Golf Pass - January 1 through December 31...... \$495.00

Season Golf Pass – March 1 through October 31 \$395.00

Youth Golf Pass – March 1 through September 30...... \$95.00

We are looking forward to kicking off this 2021 Golf season. Stay tuned for surprises as we move ahead!

February Board News

Discussion whether to postpone 2021 elections due to COVID. Board will discuss further after receiving member feedback.

Board vacancy replacement will need to take place by March 9th. Members interested in the open Board position should notify the office to be added to the agenda to speak to the Board.

House Committee presented proposal to install controlled access throughout KCCA mimicking the Aquatic Center secured access. Residents can read more about this on the KCCA website. Board will review after receiving feedback from the members.

Re-opening plan for the Aquatic Center was presented. Board will review at the next Board meeting based on any new OHA updates.

Motion for to adopt Amendment to Declaration Article VIII, Section 2, Nuisance, was presented. In favor (4); Opposed (2). Motion passed

Motion to adopt the addition of Employee Harassment fines to Enforcement Resolution 2020-312 was presented. In favor (5); Opposed (1). Motion passed

Motion to adopt the Amendment to Declaration Article XII to add Section 9, Golf Course Assumption of Risk, was presented. Motion passed unanimously.

COVID-19 Vaccine Transportation Options For Mutlnomah, Clackamas, and Washington County

The Oregon Health Authority, local public health agencies, and health systems are working quickly to build COVID-19 vaccination events in order to vaccinate as many Oregonians as possible. Many individuals who are eligible to be vaccinated in phase 1a or 1b do not have transportation to get to these events. They may need to rely on non-emergent medical transportation (NEMT) or other transportation options to access vaccination event sites.

Medicaid NEMT

For those members enrolled in the Oregon Health Plan (OHP), either with a Coordinated Care Organization (CCO) or as a Fee for Service (often known as "open card") member, the transportation options include:

Medicaid Insurance Plan	Brokerage Name	Brokerage Phone
Health Share of Oregon	Ride to Care	503-416-3955 or 855-321-4899
Trillium	MTM	877-583-1552
OHP Fee For Service	Tri-County MedLink	800-889-8726

Non-Medical or non-Medicaid specific Transportation options

For individuals not enrolled in OHP, who still need transportation assistance, there are other options. These include:

Organization Name	Phone	Qualifying Criteria
Ride Connection	503-226-0700	Serving older adults and people with disabilities in Clackamas, Multnomah, and Washington Counties (Mon-Fri)
TriMet LIFT	503-962-8000	TriMet service for people who are unable to use regular buses and trains due to a disability or disabling health condition (should be enrolled prior to scheduling)
One Call	866-733-8994	Providence Medicare members only

2021 King City Women's Golf

Submitted by Janet Craig

The King City Women's Golf Club golfers will tee off April 7 beginning at 9:00 a.m. Due to Covid, 4-member teams will play each Wednesday morning during April, May and June. Times will be assigned.

New lady golfers are welcome. For information call Cindy Wallace: 503-989-3194. Present members should call Ellen Lee for team placement and times. 503-504-5268



CASH OREGON

GET YOUR TAXES DONE FOR FREE!

By IRS-Certified Volunteers: Jan 20- Apr 4, 2021

REQUIREMENTS:

- Your 2020 household income is below \$57,000 excluding social security income.
- You don't have any of the following:
 - rental property
 - adjustments on education expenses (box 4 or 6 of your 1098-T)
 - self employed income with any of the following (>35k in expenses, a loss for the year, inventory, employees, depreciation or amortization, or business use of the home).

WHAT ARE THE STEPS?

- 1. Complete forms 13614-C and 14446 (find these on our website or at one of our locations), and our survey.
- 2. Call 503-966-7942 to be interviewed and to schedule a scanning appointment.
- 3. Scan your documents at one of our sites.
- 4. A volunteer completes your return remotely.
- 5. After 2 weeks, sign your return electronically or in person.

No Walk-in Appointments

CONTACT/LOCATIONS/HOURS:

Visit our website **cashoregon.org** or call us at: **503-966-7942** Locations:

• Lloyd Center (2027 Lloyd Center, Portland, OR, 97232)

• Beaverton Community Center (12350 SW 5th St, Beaverton, OR, 97005) Hours: Wednesday - Sunday (Lloyd Center 9-5 / Beaverton 10-6)

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